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microcrystalline plant sterol and a suitable berry or fruit. Most of the fruits disclosed do not contain carotenoids in any significant amounts, only apricots do contain  $\beta$ -carotene.

## In the claims:

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amount of at least 0.5 (g) per 100-150 (g), further comprising carotenoids in an amount of at least 1 (mg) per 100-150 (g), and wherein at least 20% wt of the carotenoids is in another phase than at least 50% wt of the total amount of the sterols present, and wherein said carotenoids comprise β-carotene and lycopene in a ratio of between 1:20 and 1:0.2.

Cancel without prejudice claim 6.

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- 13. (Amended) Composition according to claim 1, in the form of a sauce, paste, puree, ketchup, soup, juice or similar product.
- 18. (New) Composition according to claim 1 wherein the sterols comprise phytosterols.

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19. (New) Composition according to claim 5 where the sterols comprise phytosterols.